



Eli Ashby
Healing Arts Center of Arvada

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Book Your Sessions Online



We are happy to announce that we now

have online appointment booking available 24/7. It's easy - just go on to Genbook.com

and choose what time best serves you. This service then notifies the practitioner and you receive a confirmation that you are scheduled. It's easy and best of all, convenient. Of course, we are always happy to assist you in person, email or by calling (303) 463-6565.



Springtime In The Rockies



We hope you are enjoying the beautiful Springtime weather. This time is so magical as the Earth renews and we enjoy the wonders of living in a magnificent place like Colorado.

I was recently in Los Angeles and observed the people around me dressed in sweaters, coats, hats-the whole bit, as the temperatures dipped down into the low 60's. Well, to them it was cold as I enjoyed prancing around in short sleeves and sandals. My travel companion, 9 year old Tabitha Fritts and I enjoyed so many beautiful experiences including a very large swarm of bees flying over and around our vehicle down near the beach, wonderful ocean sunsets and we even saw a few Hummingbirds, who will soon be joining us here in Colorado.

As I reflect on the events of the past couple of weeks, I feel a deep appreciation for the beauty in my world and feel a great sense of excitement for the season. Enjoying the beauty around us is a wonderful way to connect to our inner beauty.



Love & Light,

Lori

Love

Note: The Centers' redbud 'Healing Tree' is in full bloom and more glorious than ever this year. Hope you get a chance to check it out while the beautiful lavender colored blossoms last (maybe a week or so more). Great photo opp!

You still have time to join us...

Arvada Weight Loss Challenge!

Free Info Meeting-

Saturday, May 1, 3:00

You can join up until Wednesday, May 5th! WIN for losing!

YOGA



The time spent is minimal compared to the benefits you will enjoy! Some of the benefits of a regular Yoga practice are:

- Ease Anxiety
- Inner Peace/Calming
- Improve Immune System
- Tone and trim

Tuesdays & Thursdays 6PM

Please Note: Saturday 8:45 only until further notice!

All Levels- drop ins are \$12.50
10 class punch card-\$112.50
(buy 9 get one class free)

Spring Specials
\$99 month unlimited
(Regular \$120 value)

Info/Sign up (303) 463-6565

Commit to Yourself..
Monthly Membership



We are committed to supporting you with quality services, products and education at a price you can afford. Sign up now and receive one complimentary treatment and a free gift. A great way to treat yourself! Stop in or call (303) 463-6565 for details.

*12 week program

*Free Personal Coaching

*Free Metabolism Test

*Free Nutritional Information

*\$40 Entry Fee (Awarded to Winners!!!!)

*\$\$\$\$ PRIZES for 1st, 2nd, and 3rd place

*Weekly prize drawings

*Bring 2 friends and receive a free gift!!



Call (303) 463-6565 to Register or for Information.

"In my quest to feel and look great, I've tried just about every diet plan known to man! Some are successful for a while, some not. I believe my search is over!"

We have found a plan that works at the cellular level to feel and look great without starving yourself. So many benefits of course because looking great is an indication of what's going on inside, at a deeper level! Call or stop in for more information and I'll share my daughters' success stories with you!" -Lori Drienka



Dowsing Class

Saturday, May 15th

12:00-2:00



presented by Lori Drienka

Saturday, May 15th, 12-2:00pm

Whether you have never dowsed before or are looking to 'brush up' on your skills, this class promises to be fun and informative. Dowsing is a great way to strengthen your connection to source and expand your

perspective of life! Come prepared for hands-on experience.

Lori is a member of the Mile Hi Dowsing Society and

Membership Prices:
Single - \$69 , Double - \$129, & Family
- \$129 (two family members)

75 min massage Crystal Healing
Cranial Sacral Spiritual Advising
Healing Facial Spiritual Coaching
Reconnective Healing (1 session)

Additional Benefits Include:

- 10% off higher priced treatments
- Free/Reduced Admission to Many Special Events
- Up to 20% off Special Packages
- Invitation to special "Members Only" events

What a great way to treat yourself!

Get the Scoop...
SPECIAL OFFERS/FREE STUFF



Become a Fan of [Eli Ashby](#) and get the scoop on special offers and the latest happenings at the Center. Bonus: receive 20% off your total purchases in our Gift Shop (one time offer, some restrictions apply, mention Facebook when checking out).

Reconnective Healing News

Sabrina Fritts has been offering Reconnective Healing/The Reconnection at the Center for many years now. In her role as Practitioner/Mentor, Sabrina is devoted to making this

uses dowsing in her SpR/SRT practice and everyday living. She is passionate about sharing the knowledge she has gained with others.

\$35/person -\$30/ members.

Coming
Soon...

Meditation Group



Wednesday, May 10 & 17
7-8:00 pm

Mark your calendar now to join us as we explore Meditation. More info to

follow.

Facilitated by Reece Leonetti

Explore the New Frequencies of Healing

with Sabrina Fritts,
Reconnective Healing
Practitioner/Mentor

Saturday, May 22, 1-3 pm



Begin 2010 connecting with Universal intelligence! Are you interested in improving your quality of life-by eliminating an illness, alleviating a physical or mental problem, becoming more emotionally balanced, or accelerating your spiritual growth?

Learn the art, science and philosophy behind Reconnective Healing and The Reconnection.

The Reconnection is a very sacred, once in a lifetime experience that connects you to a higher level of consciousness. This allows people, events and circumstances to come into your life to support you

work accessible to many.

Upcoming RH events held at the Center:

RH Practitioners Support-May 1st, 1-3:00

RH Practitioners Development Class-May 8th, 1-4:00

Reconnective Kids - July 24th, 10-12:00, 2-4:00

Other events held outside of the Center:

Level I/II Reconnective Healing (Boulder)-July 17-18

Level iii The Reconnection(Boulder)-July 19-20

Mastery Conference (Los Angeles) - October 8-10

Reconnective Yoga (Location TBD) - June date TBD

For More information about Reconnective Healing/The Reconnection or any of these events, contact the Center at (303) 463-6565 or Sabrina at 720.935.6316 / sabrina@sabrinafritts.com

- Reconnect to a stronger, healthier physical body
- Gain greater awareness & deeper understanding

- Each participant will receive hand activation
- Experience the ease of working with these amazing frequencies!

\$35.00, RSVP (303) 463-6565.

Bonus: Members receive admission free of charge!

New In Our Gift Shop...

Great, natural incense and beautiful holders!



At Shoyeido, our mission is to provide you with the highest quality incense in the world. Our unique, hand blended incense, from traditional Japanese recipes, uses only the finest natural ingredients. We do not use animal ingredients or animal testing.

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